

# BREAKFAST

OPEN DAILY 6:30AM-11AM

## CONTINENTAL BREAKFAST

Croissant, muffin, Danish and toast basket, butter homemade jam. Orange juice, coffee or tea.

\$16.00 USD / \$32.00 BZD

## AMERICAN BREAKFAST

Pastries and toast basket, homemade jam. Your choice of egg dish. Orange juice, coffee or tea.

\$18.50 USD / \$37.00 BZD

## EGGS

### TWO FREE RANGE EGGS

Cooked as you wish and enhance with choice of garnishes and accompaniments.

\$13.50 USD / \$27.00 BZD

### THREE EGG OMELET

Choice of filling: peppers, mushrooms, ham, cheese, tomato, spinach, onions, green onions. (GF)

\$14.00 USD / \$28.00 BZD

### SHIRRED EGG

Ham, cheese and cream. (GF)

\$16.00 USD / \$32.00 BZD

### EGGS RANCHEROS

Corn tortilla with sunny side up eggs, beans, tomato salsa, avocado, Jalapeño, sour cream. (GF, V)

\$14.00 USD / \$28.00 BZD

### ITALIAN EGG FRITTATA

Salami, oven roasted tomato, Mozzarella and basil. (GF)

\$17.50 USD / \$35.00 BZD

### TORTILLA SPANISH STYLE

Potato onions, garlic aioli, mix greens. (DF, GF, V)

\$15.00 USD / \$30.00 BZD

### SALMON BENEDICT

Poached egg, smoked salmon, fresh avocado with hollandaise.

\$18.00 USD / \$36.00 BZD

### EGGS BENEDICT

Poached egg, hollandaise, English muffin, or waffle.

\$16.00 USD / \$32.00 BZD

### BAKED EGG DISH

Spinach, mushrooms, goat cheese and chorizo. (GF)

\$15.00 USD / \$30.00 BZD

### ADD YOUR CHOICE OF:

Applewood smoked bacon \$3.00 USD / \$6.00 BZD

Honey glazed ham 3.00 USD / \$6.00 BZD

Link sausages 3.00 USD / \$6.00 BZD

Baked beans (DF, GF, V) \$2.00 USD / \$4.00 BZD

Hash brown (DF, GF, V) \$2.50 USD / \$5.00 BZD

Rosemary potatoes (DF, GF, V) \$2.50 USD / \$5.00 BZD

## HEART HEALTHY

### FRUIT PLATTER

Seasonal fruit selection, honey yogurt. (GF, V)

\$9.00 USD / \$18.00 BZD

### OATMEAL

Raisin and brown sugar, coconut, cinnamon. (DF, V)

\$8.00 USD / \$16.00 BZD

### MUESLI

Oatmeal, green apple, yogurt, dry fruit. (V)

\$8.50 USD / \$17.00 BZD

### GRITS

With cheddar cheese and green onions. (GF, V)

\$7.50 USD / \$15.00 BZD

### SELECTION OF CEREALS

Dry fruits, Whole Milk, Soy Milk or Almond Milk.

\$6.00 USD / \$12.00 BZD

## SPECIALS

### CHEESE PLATTER

Assorted cheeses served with crackers and local fruit chutney.

\$15.00 USD / \$30.00 BZD

### SMOKED SALMON BAGEL

Norwegian smoked salmon, capers, cream cheese, onions, toasted bagel.

\$18.00 USD / \$36.00 BZD

### AVOCADO TOAST

Tomatoes, capers, red onions. (DF, V)

\$16.00 USD / \$32.00 BZD

## BOWLS

### MATCHA FRUIT BOWL

Japanese matcha with yogurt, fruits, and toasted coconut. (GF, V)

\$10.00 USD / \$20.00 BZD

### HEALTHY ELVIS BOWL

Peanut butter, banana, almond milk, honey, granola, flaxseed. (DF, V)

\$10.00 USD / \$20.00 BZD

### ACAI BOWL

Almond milk, fresh berries, acai puree, banana, hemp, granola. (DF, V)

\$12.00 USD / \$24.00 BZD

## THE BAKERY

### PANCAKES

Three buttermilk pancakes with maple syrup, chocolate, banana, berry compote and whipped cream.

\$13.00 USD / \$26.00 BZD

### FRENCH TOAST

Maple syrup, whipped cream, fresh berry compote.

\$13.00 USD / \$26.00 BZD

### PASTRY BASKET

Danish, croissant, muffins, banana bread.

\$14.00 USD / \$28.00 BZD